# Prepare Your Skin

# FOR HAIR REMOVAL TREATMENTS

We know that no matter what your unwanted hair concerns are, to achieve the best results, these two rules are crucial to the success of your hairy goals (actually any life goals).

Failing To Prepare, Is Preparing To Fail.
Consistency Is The Key To Success.

01

## YOUR CONSULTATION

If you fail to prepare, you prepare to fail. Your hair removal consultation will allow our therapist to determine your true hair colour and which combination of our various hair removal modalities will achieve a permanent reduction not only quickly but safely. During your consultation we may test patch your skin and send you home with an arsenal of products to ensure optimal results are achieved, fast.

02

### **SKINCARE**

Consistency is key here, every morning and night over the next 2 to 4 weeks you will strengthen and prepare your skin with our cosmeceutical skincare. These active products bring about change within your skin, by removing dry, dead skin build up and delivering protective nutrients to massively reduce side effects such as: redness, pigment changes and possible scarring that may otherwise occur from hair removal treatments.

Our skincare will ensure safe and effective treatments for rapid hair-free results.

03

#### **HOW TO PREPARE**

For your Hair Removal Consultation we require your hair to be untreated and visible, at least 3mm long, so that we can accurately create and price your program.

Make sure you do not treat the hair bearing areas you want treated for at least 4 weeks prior to your appointment. Do not use fake tan or expose your skin to the sun over the course of your treatments. On the day of your treatment, either shaving the area thoroughly or leaving the hairs in place will benefit your end results.

**DO NOT** shave before: Electrolysis, Laser Hair Removal and Alkaline as these treatments require the hair to be present.

DO shave over the hair bearing areas before IPL Hair Removal, as visible hair will interfere with results and may increase/ cause unnecessary complications. Failing to shave the area or not shaving thoroughly will result in a shaving fee.

Yasmine and Lana, founders of The Aesthetic Lounge, have over 40 years of experience in skin and understand how to safely bring about life changing transformations.

"Our knowledge of skin and passion for results is what drives us."

Yasmine and Lana

