

Prepare Your Skin

FOR SPECIALISED TREATMENTS

We know that no matter what your skin concerns are, to achieve your best skin ever, these two rules are crucial to the success of your skin goals (actually any life goals) .

1. Failing To Prepare, Is Preparing To Fail.
2. Consistency Is The Key To Success.

01

THE DISCOVERY FACIAL

The foundation to achieve radiant skin comes from a multi layered approach. Starting with (if you are new to The Aesthetic Lounge) a Discovery Facial to learn about your skin and educate you on, how together we will achieve your skin goals. This will allow us to prepare you with a tailored at-home skincare routine and treatment journey for your best skin ever.

02

SKINCARE

Over the next 2 to 4 weeks you will nourish and strengthen your skin with our prescribed cosmeceuticals products. Consistency is key here, that means every single morning and every single night. This is not a race, it is a skin journey to achieve skin perfection, not more skin woes. So don't rush this crucial step, our products are active and designed to bring about change within your skin. If your skin needs longer to adjust, then that's ok because your skin transformation has already begun.

03

ADVANCED TREATMENTS

You may come in thinking that "Oh I'll just have one treatment", but be warned, our Advanced Treatments are unlike any other and the results are highly addictive. Whether you have a course of specific treatments in mind or need to prepare for a specialised treatment, we recommend you experience 3 to 4 different Advanced Treatments as your skin will benefit from them all individually and love having its routine mixed up!

04

SPECIALISED TREATMENTS

There is no doubt about it, our Specialised Treatments are intensive, but your skin has been lovingly prepared and is now strong and healthy. You have seen a transformation in your skin already and it's time for the last step in your journey to achieve the skin you've always dreamt of.

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Yasmine and Lana, founders of The Aesthetic Lounge, have over 40 years of experience in skin and understand how to safely bring about life changing transformations.

"Our knowledge of skin and passion for results is what drives us."

Yasmine + Lana | The Aesthetic Lounge



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